

DAILY RESEARCH RECOMMENDATION

["BASIC INDEX"] BUY SENSEX 75000 PE AT 250 TGT 300-328-350 SL 175

19-03-2026

10.10 AM



Description: • A PE gains value if spot falls, IV rises, or time decay is slow.

- With only technical levels shown, a logical next step is checking trend, volatility, and support zones around the highlighted region in your chart.
- The area shown looks like recent supply, followed by a breakdown — which aligns with a short/PE bias. ., **hence I recommend PE**

Status- ALL TGT DONE

19-03-2026 2.25 PM